

### Our Mission:

Growing Places provides early education programs that foster the development of the whole child.

### Our Programs:

#### Lee Early Childhood Site

6 weeks ~ 6 years

56 Pinkham Road

(603)868.1160

Director: Kim Snow

Teachers: Lindsey Colbath

Katie Gray

Michelle Guthrie

Shane Krafton

Lindsay Michel

Kate Milne

Greta Russell

Julie Scadova

#### Durham Early Childhood Site

2~6 years

60 Strafford Ave

(603)868.5674

Director: Hillary Hughes

Teachers: Becca Kelly

Emily Kluun

Ashley Studer

#### School Age Programs

5~12 years

(603)969.8677

Moharimet Elementary School

Director: Francesca Trial

Assist. Director: Sarah Hastings

#### TimberNook Programs

5~12 years

Moharimet Elementary School

Director: Sarah Hastings

#### Program Administrators

Sarah Nason

Wendy Rousseau

#### Executive Director

Cellissa Hoyt

#### Board of Directors

Jessica Starkey, President

Kathryn Mone, Vice President

Chris Regan, Treasurer

Amy Leone, Secretary

Brooke Fleit

Kate Haley Webb

## Growing Places 3rd Annual Family Fun Day

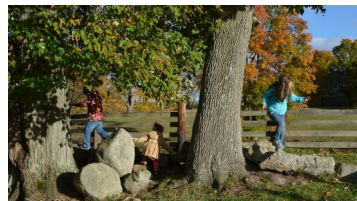
Just days away is Growing Places Family Fun Day at Coppal House Farm in Lee, NH. We would love if you could join us on Sunday, October 16th between 3-5 and enjoy an afternoon exploring the spectacular toad and stool maze, creating a craft, visiting the animals and farm stand, sipping on hot chocolate from Young's Restaurant and mingling with other families.



Tickets can be purchased before the event for \$25/family or \$10/individual online at <https://www.razoo.com/us/story/Coppal-House-Farm-Corn-Maze-Fundraiser>, by calling 868.1335, or by scanning the q reader image to the right with your phone. Tickets can also be purchased at the event for \$35/family or \$10/individual.



Not only is this a family fun day you won't want to miss but **your ticket sale will be MATCHED by a generous long time Growing Places supporter, New Hampshire Charitable Foundation (Piscataqua Region).**



Pictures  
from 2015  
corn maze



A Nonprofit Early Care, Education and Youth Recreation Organization

56 Pinkham Road, Lee, NH 03861 | 603.868.1335

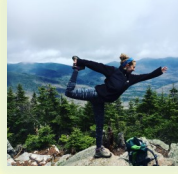
[www.growingplacesnh.org](http://www.growingplacesnh.org)

Durham | Lee | Madbury





## Growing Places' Sarah Hastings in the Spot Light



Sarah Hastings started working for Growing Places part time as a Teacher's Aide in 2009. After receiving her Masters in Education from the University of New Hampshire in December 2011, she joined our team as a full time teacher in the PreK/Kindergarten class at our Woodside location.

In 2014 Growing Places began running TimberNook programs. (TimberNook is a nature based program for children five to twelve years old). That same summer, Sarah's passion for children and the outdoors led her to pursue her interest in TimberNook and in July she attended a training to become a provider. She continued her role as a Pre K/Kindergarten teacher while sprinkling in some TN programs throughout the school year and working at TN full time during the summers of 2015 & 2016.

TimberNook summers proved to be very successful and the need to expand and offer more programming in future summers and throughout the year seemed like a very natural progression. With this expansion, came the organizational need for more support. We were thrilled when Sarah accepted this challenge and became our TimberNook Program Director.

Not only did Sarah fully embraced her role as TimberNook Director this Fall but she also helped us launch our new Before Care Program at Moharimet Elementary School. Needless to say her endless energy and enthusiasm will continue to carry both of these programs to new levels of growth.

Outside of her Growing Places world, Sarah enjoys yoga, volunteers for UNH therapeutic riding program, works at Throwback Brewery, enjoys spending time outdoors, hikes NH 4000 footers, and develops her skills as a photographer.



## TimberNooks First Annual Conference

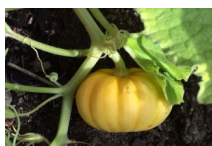
Three Growing Places' TimberNook providers (pictured below: Kate Milne, Sarah Hastings, Ashley Studer) ventured out to the picturesque Graylag Cabins in Pittsfield, New Hampshire for the first annual TimberNook conference led by Angela Hanscom (TimberNook founder and author of *Balanced and Barefoot*).

This three day adventure along the lakeside and beautiful hiking trails brought about team building and camaraderie amongst TimberNook providers from Miami & Orlando Florida, New Hampshire, Maryland, California, Ohio and New Zealand. Our providers were so excited to reconnect with some of whom they originally trained to become providers with.

With the focus on creating the ultimate TimberNook experience, providers participated in group discussions and activities. They also gained insight and knowledge from dynamic keynote speaker, Jessica Lahey (New York Times Bestselling author of *The Gift of Failure*) and Wendy Pirie (Empowering boys & their intuitive sense). They even tried their hand at knot tying and cargo netting. To top it off they were serenaded by loons and observed 39 baby snapping turtles hatch.

Our providers feel proud to be part of such an important movement and look forward to taking their new knowledge back into the woods with them! To learn more about why we love TimberNook and our awesome Fall programming please visit <http://growingplacesnh.org/our-programs/timbernook/>





## Gardening and Composting Heroes .....

Cutest little pumpkin grown at Woodside

Gardening and composting are such rewarding and enriching experiences for the children at our early childhood sites. The children's curiosity, love of learning and exploration of their natural surroundings make them perfect gardeners and composting heroes. These "living classrooms" provide such rich opportunities in science and math but more important is the lesson it conveys to **each and every child** about the important role they have in caring for our earth and its resources.

Planting and harvesting the garden at Woodside has been a tremendous success over the past few years with a very rewarding bounty of food to appreciate. This year they planted cherry tomatoes, green beans, pumpkins, cucumbers, mint, and basil. They especially enjoyed the combination of the basil and tomatoes as a snack and creating scrumptious watermelon slushies with a touch of their fresh mint.

Our composters at our Lee location are becoming aware that organic wastes can be used as potential resources rather than just as something "gross" to be thrown away and forgotten. Some of the children have even started to bring items from home to compost at school. Their excitement for this new endeavor is contagious.

***Our mission is to guide and educate this next generation into a future of those who embrace and protect our earth!***



Above: planting and harvesting at Woodside      Below: composting at Pinkham Road



## .....Growing Places Continues Quest to be as Green as Possible

Did you know that in addition to our gardening and composting, Growing Places is green in many other ways too. Here are just a few and the list is always growing. When possible we:

- Recycle plastic, glass, paper and aluminum
- Use washcloths for hand washing, linens at lunch time, and real plates and silverware
- Use email for sharing our organizational & classroom news and for our weekly billing
- Use reusable bags when doing our weekly grocery shopping
- Use more nature based manipulatives (removing lots of plastic products from our classrooms/playgrounds)
- Make our own licensed approved hand soap and cleaning products (recipes below)

### Hand Soap

2 Tbsp. Dr. Bronner's SAL SUDS  
15 drops of Rosemary essential oil  
Fill container with water

### Disinfectant Cleaner

2 cups water  
20 drops of tea tree oil  
2 Tbsp. of white vinegar  
1/2 tsp. of liquid dish soap





# Upcoming Events & Annoucements:

- Our Third Annual Family Fun Day at Coppal House Farm Corn Maze. **Sunday, Oct. 16 3-5** (for more information or to purchase tickets see article on front page).
- Magical TimberNook evening program for children 5-12 years old on **Saturday, Oct. 22 from 4:30-7:30**. Join us as the sun sets and the evening rolls in for some enchanted time in the woods. Play a lively game of capture the glowing egg, explore and create in the woods, and enjoy dinner & dessert over the fire. For more information or to register please visit <http://www.timbernook.com/camp-registration-lee-nh>
- Our NEW before school program is located at Moharimet Elementary School and opens at 7am Monday-Friday. For more information please contact Francesca Trial at 868.1335 or francescatrial@growingplacesnh.org.

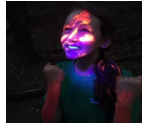


Photo credit:  
TN Greater Cleveland



We were treated to a day of transformation at our Lee location by Next Era Energy Resources of Seabrook. This skilled team, volunteered their time and talent to create some child size picnic tables, a very cool bridge, a much need storage shed and lots of general cleanup, painting and staining. Check out their amazing work! Thank you NextEra Energy Resources.



**A HUGE thanks to our amazing Corporate Sponsors!**

**"It is literally true that you can succeed best and quickest by helping others succeed"~ Napoleon Hill**  
**To learn more about this powerful partnership please contact Wendy at 868.1335.**

